

## REGULAR EVENTS

Compiled by **Living Spirituality Connections**  
[www.livingspirit.org.uk](http://www.livingspirit.org.uk)

Check the websites concerned for any changes:

### World Community for Christian Meditation

**Thursdays at 12.15 – 1.15** (French time) **Online Meditation with the Bonnevaux Community** (live webcast). To access the Zoom link go to:  
<https://bonnevauxwccm.org/live-events-from-bonnevaux/>

### Centering Prayer

Please look on the Contemplative Outreach website for guidelines covering these meetings, and contact details: <https://contemplativeoutreach.org.uk/centering-prayer-online/>

**Monday evenings from 7.30** on Zoom. For connection details contact John O'Brien 07747 611616 or [john@jobrien.co.uk](mailto:john@jobrien.co.uk)

**Saturday mornings, Hinsley Zoom, Westminster. 10-11.30. Details:**

[Centering Prayer Online - Contemplative Outreach](#)

### Monthly Eco-Contemplative liturgies

Usually held in the garden at St James's Piccadilly and on Zoom on the fourth Sunday in the month at 9.45 am. We all go into our garden for part of the liturgy, or have plants or natural objects nearby if we are inside. The liturgy lasts for 30-40 minutes. People are welcome to stay for a chat at the end, and to join from 10 minutes before the start in order to sort out audio and video issues on Zoom.

For the Zoom link and liturgy sheet for each month email [petragriffiths@livingspirit.org.uk](mailto:petragriffiths@livingspirit.org.uk)

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**St Bede's Pastoral Centre York.** Zoom sessions. <https://www.stbedes.org.uk/>

Weekly Guided Prayer sessions using the ancient prayer form of **Lectio Divina and the Ignatian Prayer of Examen.** (weekly Mondays 5-5.30pm)

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# Whirlow Spirituality Centre

<https://www.whirlowspiritualitycentre.org/>

Near Sheffield and Peak district

**Space to Be** is a weekly opportunity to meditate in silence. It takes place online [via Facebook](#) and others gather in the Chapel of the Holy Spirit. You can reserve places for attending in person via the website <https://www.whirlowspiritualitycentre.org/> We meet every Sunday at 8.30am and the silence ends at 9.15am.

**Praying without words. Third Thursday of each month. 8pm via Zoom.**

Many are drawn to silent prayer, meditation, centering prayer, contemplation ... for that purpose, we run Praying Without Words each month.

We use a contemplative reading and share responses to it, followed by a time of silence.

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Praying Without Words – 3rd

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## Church services

Many of these are regularly livestreamed every Sunday across the country.

**Contemplative Mass from Bonnevaux** Celebrated by Laurence Freeman. 12 noon French time every Sunday. In English. <https://bonnevauxwccm.org/live-events-from-bonnevaux/>

**St James's Church Piccadilly:** livestream at 11 am on Sunday:

<https://www.sjp.org.uk/online-worship.html> All are welcome, wherever you are.