



Living Spirituality Connections
Resources for the spiritual journey

**EVENTS RUN BY MANY CENTRES AND ORGANISATIONS
ACROSS THE UK**

April – June 2019

Compiled by **Living Spirituality Connections**
www.livingspirit.org.uk/events

April

1 - 4 April Re-imagining church in a changing culture. Salisbury www.sarum.ac.uk

1 - 7 April Oxford Three Faiths Week. 'Relating Across Divides'. An inspirational week of encounter and learning at St John's College.

The conference is open to people of all ages and faiths who have a positive and sympathetic interest in learning what makes other faith communities tick, and a commitment to listening without seeking to convert others to your own views. You do not need to have a personal faith commitment or identification to attend.

The week may be of special interest to: *Students with an interest in other faiths and cultures, *Workers in faith communities, *Teachers, social workers, police, prison officers or anyone who works with faith communities or in the public sector.

Participant quote **'The people that I met were inspirational and I left with a desire to build bridges between minority groups'**

There are both residential and non-residential places and bursaries are available for students on application. The week builds on many years of experience of Jewish-Christian-Muslim encounter through the weeks held by JCM in Germany and the similar weeks at the Ammerdown Study Centre in Somerset.

This year's event will explore the various denominations and sects within the three faiths as well as relations between the faiths and mixed faith relationships. For full details and how to book: <https://www.theoxfordfoundation.com/oxford-three-faiths-week>

3 April God is ripening. The Spirituality of the Book of Hours by Rainer Maria Rilke. Including exploring Rilke's influence on the Holocaust diarist Ety Hillsum. Led by **Patrick Woodhouse**. County Durham. www.minsteracres.org

3 April 6.30 for 7. Asherah, the Queen of Heaven, and women's worship in the Hebrew Bible: A Re-Assessment. Talk by the Revd Dr **Ann Jeffers**, Research Fellow at Roehampton University. **Venue:** University of Winchester.

Booking: email Joanna.Wilson@Winchester.ac.uk

The lecture will look at both textual and material data related to the Hebrew Bible regarding women's worship and rituals. Taking into consideration new research on the religious pluralism in ancient Israel, Dr Jeffers will redraw the boundaries between private and public worship spaces as a means to reassess the place of women in the ancient Israelite religious landscape.

5-7 April Transcendental cinema. Near Bath. www.ammerdown.org

How some films can offer experiences which speak to our deeper selves.

5-7 April The Grace of Emptiness. Lent retreat. Surrey. www.christian-retreat.org

8-11 April 2019. GreenSpirit Spring Walking Retreat. Exmoor.

Come and blow away the winter with a couple of full days walking, venturing into the mysterious Exmoor Forests, over heather tipped moorland, and maybe catching a glimpse of wild red deer or Exmoor ponies. We hope to enjoy some sweeping sea views from the coastal path. Minehead, where we will stay, is the start point of the South West Coast Path.

Full details and how to book: <https://www.greenspirit.org.uk/spring-walking-retreat-2019/>

8-12 April Explore how to find more inner quiet and why. With **Penny Warren**. Lindisfarne, Northumberland. www.aidanandhilda.org.uk Not in silence but plenty of space for silence.

13 April 12 - 2.30 Living Spirituality Connections Midlands local group meeting in Birmingham. The group will discuss Richard Rohr's book "Falling Upward".

We will be meeting at the Friends of the Earth Cafe where you can buy lunch and/or drinks: <https://www.thewarehousecafe.com/> The cafe is a short walk from Moor St and New St. Railway Stations. All welcome. Enquiries to Anne Gardner: a.gardner@me.com

14-21 April Holy Week. Get involved in Holy Island's rhythm of prayer, looking at how Holy Week is observed by different groups throughout the world. Open Gate team. Lindisfarne, Northumberland. www.aidanandhilda.org.uk

17-23 April Easter Retreat with Helen Warwick. N. Yorks. www.holyroodhouse.org.uk

18-21 April Easter Retreat ‘Stretch Marks’. Easter reveals the nature of God’s love – stretching, touching, surprising, opening our mind, heart and spirit.

A group retreat led by **Ruth Flockhart** and **Janet Lake**. Kilmuir, nr. Inverness, Scotland.

<http://www.coachhousekilmuir.org/programme/>

We will contemplate the manner in which Jesus lived the last week of his life and may be drawn into a deeper knowing of the nature of divine love: the paradox of strength in humility, inner peace in the midst of conflict, the stretching, suffering of the cross, and the birthing of new life through death into resurrection.

26-28 April God in the Unexpected. With Abbot **Paul Stonham**. Herefordshire.

www.belmontabbey.org.uk

Renewing our spiritual lives through understanding that God is revealed through the ordinary things of life.

27 April – 4 May Iona Pilgrimage Week led by **John Philip Newell**. St Columba’s Hotel, Iona, Scotland <https://heartbeatjourney.org/all-events/>

Each day on Iona will begin and end with the rhythm of prayer and meditation together. In the mornings John Philip Newell teaches on Celtic themes of Earth and Soul as sacred and invites us into the holy work of contemplation and action as the basis for transformation in our lives and world. The afternoons are given to hiking, conversation, and rest, and the early evenings to further reflection and meditative chanting in the 11-century Chapel of St Oran. On one of the days we walk the nine-mile island pilgrimage route together to pray for the journey of our lives and world.

May

4 May 10-4 From Performance to Gift: Deepening the Practice of Centering Prayer led by **Cynthia Bourgeault**. Liverpool.

Cynthia Bourgeault has said that ‘there are too many doing Centering Prayer in their heads, preoccupied with the correct application of “their” sacred word or struggling to achieve a thought-free inner state.....Once the kenotic nature of the prayer is grasped and trusted, all this falls away. As “letting go” becomes an embodied gesture rather than a spiritual attitude...Centering Prayer immediately drops out of the head... the practice shifts from something you perform to something you give.’

Cynthia will lead practitioners into a deeper understanding of Centering Prayer and its practice. Early booking advised. <https://www.eventbrite.co.uk/e/cynthia-bourgeault-centering-prayer-day-tickets-51955949644>

4 May 1pm Labyrinth Peace Walk for World Labyrinth Day. Polwarth Parish Church, Edinburgh, EH11 1LU. Please arrive at 12.15pm to given time for stillness and reflection

before walking. On World Labyrinth Day, it is customary for several thousand people across the world to create a global wave of Peace as they walk as ONE at 1pm in their own local time zones. Take a little time out of the busyness of life, to reflect upon our troubled world and its peoples. Be part of this global event as we walk in solidarity at 1pm, taking steps towards Peace. Contact: Margaret by email at labyrinth@polwarth.org.uk

4 May 10.30 – 4. Recovering the Book of Kells for Contemplative Prayer. Led by Dr Fáinche Ryan and Dr Cornelius Casey. London <http://meditatiocentrelondon.org>

Much attention has been paid to the Book of Kells as an artistic masterpiece. In the work of Dr Ryan and Dr Casey, the liturgical and the theological depth of the manuscript has been brought to the forefront. The day will introduce people to the iconography of the Book of Kells, and to some of the full-page illustrations in the manuscript.

4-5 May Listening and Gathering: Holding Space with Spirit. Led by Katie Evans and Meredith Freeman. Near Bath. www.ammerdown.org

Do you hold space for others? Or feel drawn to try? Perhaps you're someone who listens and accompanies; gathers and grows community; or facilitates conflict resolution. This course invites you to explore the personal aspects and spiritual source of such practice. Join us to welcome a spaciousness that holds and nourishes connection with spirit, ourselves and each other. We will learn by being and doing - come prepared to practise, reflect and share.

6 May 6-8:30 pm Centering Prayer and the Christian Contemplative Tradition. St Bride's Public Theology Lecture by Cynthia Bourgeault. Liverpool, L8 7LT.

This talk will explore the practice of Centering Prayer from both a theological and neurological perspective. It will look at how this no-frills method of meditation in the Christian tradition differs from the standard 'entry-level' mindfulness practice with which it is often confused. It will also explore how Centering Prayer sheds new light on that ancient Christian intuition that contemplation is not simply a spiritual pathway or devotional practice but signifies rather the breakthrough to an entirely new level of consciousness—call it “nondual” if you like—characterised by the synchronous entrainment of brain and heart in a unified perceptual field. The session will include both teaching and practice.

Booking essential at:

<https://www.eventbrite.co.uk/e/cynthia-bourgeault-public-lecture-tickets-51956070004>

10-12 May Our relationship with nature with Mary Colwell. County Durham
<http://www.minsteracres.org>

It is no secret that the natural world is under immense environmental pressure. Species are disappearing and resources are being depleted. We have degraded the natural world on all

continents. This thought-provoking weekend will examine what it is to be a Christian today, faced with difficult choices and overwhelming problems. Where do we find the joy and sustenance to sustain us to bring about a better world for all of life on earth?

11 May 10.30 – 4 Meditation and Hope amidst Climate Change. Led by **Peter Musgrave** London. <http://meditatiocentrelondon.org>

What does hope look like in the uncertainty and despair of climate breakdown? In this workshop we will use participatory methods to explore the contribution of prayer and meditation to climate change activism and the contribution of climate change awareness to our prayers for the world. Together we will learn more about climate breakdown. We will share ways in which our prayer, meditation can give us a grounding in our lives so we can make a contribution to the healing of the earth. Peter has worked for over 35 years in the field of community development. He has a special interest in Bangladesh where he has lived and worked for many years, a country on the frontier of climate change.

11 May Beyond tea and biscuits. Extending hospitality. Near Bath. www.ammerdown.org

Looking at the theology of hospitality, with a focus on biblical, historical and contemporary examples of its practice. This session will encourage practical application, especially for those involved in interfaith dialogue, immigration, community development, peace and reconciliation, and/ or political approaches to theology and ethics. Led by **Jayne R. Reaves**, a public theologian working with communities and individuals at the intersection of theology, peace, and social justice in the US, UK, former Yugoslavia, and Northern Ireland.

11 May Discernment: making decisions and seeking guidance. Led by **Peter Parr** and **Heather-Jane Ozanne**. Sussex www.penhurst.org.uk

How do we make decisions and seek guidance. What is the difference between judging and discerning? Do we make decisions based on head, heart, gut instinct? How can we best balance these ways of knowing and how can we expand or hone our personal ways of knowing and receiving guidance?

13 May Death and Life. Christian resources to enable people of all ages to face the reality of their own mortality and engage with the hope of resurrection. Salisbury.

www.sarum.ac.uk

15 May Rhythms of the Soul with **Brian Draper**. Essex.

<https://www.retreathousepleshey.com/> Finding deeper communion within everyday life.

Brian Draper is author of **Soulfulness: Deepening the Mindful Life**.

15 May 6.30 for 7. The Shekhinah: The Female Face of the Jewish God or a Masculine Idea of the Divine Feminine? Talk by **Melissa Raphael**, Professor of Jewish Theology at the University of Gloucestershire. **Venue:** University of Winchester

In Jewish tradition, the Shekhinah is a female figure of the indwelling presence of God. This illustrated talk will both celebrate the fruitful role her image has played in the growth of contemporary Jewish women's spirituality and ask whether its association with the home and the consolation of grief might also reinforce some conservative ideas about the nature of the feminine in Judaism.

Booking: email Joanna.Wilson@Winchester.ac.uk

17 May The Desert Fathers and Mothers. Salisbury. www.sarum.ac.uk
For all interested in early monasticism and spiritual direction.

18-19 May A Poet's Faith. Facilitated by **Adrian Scott**. Near Perth, Scotland.
<http://bieladatblackruthven.org.uk/>

'The world offers itself to your imagination' said Mary Oliver. This retreat will open up the world of poetry as an act of faith. We live in a troubled world and yet a beautiful one. Participants will be offered poetry and silence in order to orientate themselves in the world and navigate their own particular and unique path. David Whyte, a poet from West Yorkshire says 'poetry is a language against which we have no defence'. In other words it allows us to experience our vulnerability in the safe hands of those who traverse the most unguarded inner and outer pilgrimages.

27-31 May Celtic wisdom for modern life. With **David Cole**. Lindisfarne. Northumberland.
www.aidanandhilda.org.uk How we can learn from our Celtic ancestors and apply their teachings to our modern world.

27-31 May The Wisdom of Love in the Song of Songs Led by **Stefan Gillow Reynolds**
Surrey. www.christian-retreat.org

The Song of Songs, also known as the Song of Solomon, is the greatest poem in the Bible and many feel the most sublime poem ever written. The retreat will focus on the different levels of meaning in the Song, uncovering the story behind it but also seeing how it can speak to us today. Two aspects of life in particular are illumined by the Song: relations with those we love and contemplation of God. Dr Gillow Reynolds will facilitate an engaged encounter with the poem, with periods of meditation and chances for creative practice, developing our own creativity and enjoyment of the art and literature that the Song has inspired through the ages.

Wednesday 29 May 6.30. Inside Our Awakening Universe: The New Cosmic Story and the Meaning of Faith. Lecture by **Professor John F. Haught**. University of Winchester.

Scientists now know that the universe is a story still unfolding. From the perspective of physics the cosmos may look like a process of heat exchanges and energy transformations, but if we look deep inside we see that the universe has also given rise, at least on Earth, to beings eager to understand where they came from, where they are going, and what they should be doing with their lives. From this “inside” perspective, then, the universe is a story of awakening. But how are we to read the story? Is its awakening a mere departure destined for an eternal sleep? This lecture examines three distinct ways of answering these questions, and in doing so it offers a new understanding of the spiritual life.

John F. Haught is a Distinguished Research Professor at Georgetown University, author of 16 books in the area of religion science, cosmology, evolution and ecology, and his lectures and works focus on a vision of reality that provides room for both scientific inquiry and a biblical understanding of God. His most recent publication is *The New Cosmic Story: Inside Our Awakening Universe* (2017).

LSC visit to Winchester for this lecture and optional afternoon activities:

There is the option of an afternoon historic tour of Winchester and a visit to the University’s Cosmic Walk. A group will be travelling from London for the afternoon and evening.

Email Joanna.Wilson@winchester.ac.uk to let her know you want to attend the lecture. Email petragriffiths@livingspirit.org.uk if you are interested in the afternoon historic tour and Cosmic Walk visit.

30 May 6.30 – 8 Holy Envy: Finding God in the Faith of Others. Talk by **Barbara Brown Taylor** London <https://www.stpauls.co.uk/learning-faith/adult-learning/holy-envy>

Barbara Brown Taylor left parish ministry to teach world religion at a college in rural Georgia. To her surprise, what she learnt from decades of living with the truth claims of the world’s great faiths is not – contrary to popular opinion – that all religions are alike, but something subtler, more mysterious and more life-giving: a ‘holy envy’ of the riches of other traditions, and the chance to be born afresh and more deeply within her own tradition. She will explore some of the gifts, questions and paradoxes that she found along the way. If there is only one God, why are there so many religions? Can our faith be improved by the faith of others, even those we fundamentally disagree with? And is the Holy Spirit at work in all this?

31 May - 2 June Rediscovering Sabbath. Led by **Christine Strohmeier**. Sussex. www.penhurst.org.uk

Explore the deeper meaning of entering into God’s Sabbath. Rest as a spiritual discipline can radically change your life.

31 May – 2 June Photography retreat: seeing the light in life with Stephen Radley.
Leicestershire. www.laundeabbey.org.uk

1 June 10-4 Heart-Work and the Art of Loving: Rainer Maria Rilke's 'Sonnets to Orpheus'.
Led by Professor Mark Burrows. London <http://meditatiocentrelondon.org>

These sonnets by Rilke stand as one of the masterpieces of German poetry. Written near the end of his life, the poems invite us to open our lives to the depths and to find new courage to dwell in the world with creative passion. Our exploration will invite us to answer the poet's call to 'do the heart-work' with the memories and experiences of our lives, since 'the world, the more we observe it, wants to flourish in love.' The question is, how? This meditative day will engage this question and with these poems slowly and in depth. We will use a new translation of these poems by the retreat leader.

June

Living Spirituality Connections Event:

Sunday 2 June, 1.50 – 3.30 pm Christian Faith and Ecology in an Unfinished Universe.
Lecture by **John F Haught**, author of *The Promise of Nature: Ecology and Cosmic Purpose*.

John Haught speaks of a sacramental approach to Christian ecological theology. This now requires a whole new interpretation of what it means to be Christian. In the face of the environmental crisis it will not do simply to take more seriously our inherited texts and teachings. These are still important, but they must be carefully sifted and reinterpreted in terms of a cosmological, relational, non-hierarchical, nonpatriarchal, non-dualistic, and more organismic understanding of the universe. We must pay more attention to the sacral quality of the universe. This new outlook accepts the doctrines of the creed but gives them a cosmological interpretation.

Location: St James's Church, 197 Piccadilly, London W1J 9LL.

Booking: email petragriffiths@livingspirit.org.uk

This is a free event.

This event is put on by **Eco Church at St James's** Piccadilly and **Living Spirituality Connections**. **Chair:** Rev Lucy Winkett, Rector of St James's Church.

5 June New thinking in pastoral and practical theology. Salisbury. www.sarum.ac.uk

5 June 6.30 for 7. Darkness and Chaos: A Theological Understanding of Black Madonnas.
Talk by Dr **Sarah Boss**, Director of the Centre for Marian Studies, University of Roehampton.
Venue: University of Winchester. **Booking:** Joanna.Wilson@Winchester.ac.uk.

7-9 June The River of Faith- Where next? Led by **Margaret Silf**. Near Bath.
www.ammerdown.org

The story of the human relationship with the divine could be compared to the flow of a river, originating from a simple and sacred source, and then evolving through many phases: early innocence and freshness; turbulence, defensiveness, fruitfulness, pollution, dominance, depletion, exhaustion and finally flowing into the estuary and the ocean. The river's journey never ends, but is transformed, rising into cloud and falling again as fresh water. What does this mean for us? During the weekend we will reflect on this metaphorical journey and ask ourselves: How is the river flowing now and what form might it take in the future?

7-9 June The Beatitude Way – pathway of prophets Birmingham www.woodbrooke.org.uk

An opportunity to experience the ancient wisdom of The Beatitudes or blessing sayings of Jesus of Nazareth, recorded in the Gospel of Matthew, viewed through the lens of his native Middle Eastern culture and Aramaic language. The course aims to breathe fresh life into these key teachings which encapsulate Jesus' healing ministry. Following a roadmap provided by the mystical Tree of Life, participants will be offered the chance to walk beside the Aramaic Jesus on a journey towards prophetic consciousness.

7-9 June Spiritual Activism Birmingham www.woodbrooke.org.uk

Whether newly awakened to injustices or a seasoned activist, high profile or caring unnoticed for one person or place, spiritual activism offers ways of doing, being and understanding that can make you more alive to your deepest purpose. Balancing talk and experience, we'll go "under the lintel" of power, leadership, movements and consciousness. Here, discernment and psychological honesty are key to a grounding that neither burns out nor sells out, but transforms the burden of awareness into a "precious burden".

Living Spirituality Connections Event:

Saturday 8 June 2019 10 for 10.30 – 4.45 Human Flourishing on a Flourishing Earth.
Finding a way together. Brighton (close to the station)

Keynote Speaker: Nicola Peel

Nicola is a winner of the People's Environment Award, filmmaker, speaker and 'solutionist' who has been working in the Ecuadorian Amazon for 18 years. She is passionate about biomimicry, which shows that nature is our greatest teacher. Nicola will show us examples of solutions to environmental problems, found in tandem with local communities. These not only provide solutions to the issues, but also enable communities to flourish. Nicola will address a range of practical actions that we can all take in our daily lives to contribute to the solutions rather than continuing the damage humans are inflicting on our life systems.

Workshops

Participants will be invited to attend two out of four of the following workshops:

1. **Green Grace.** Facilitator: **Rev Philip Roderick** founder of Contemplative Fire, and the Quiet Garden movement and Hidden Houses of Prayer.
2. **Top tips for taking personal action to protect the earth.** Facilitator: **Nicola Peel** (see above)
3. **"Saving the world is a spiritual matter"**. Facilitator: **Rev Alex Mabbs** of Brighthelm's Earth Church project
4. **The Great Water Challenge.** Facilitator: **Sandy Elsworth**, geologist and hydrogeologist.

Event fee: £16.50/£11 for those with low income.

For more details: www.livingspirit.org.uk/brighton

Booking link: <https://www.wegottickets.com/event/461951>

Full printable leaflet:

http://www.livingspirit.org.uk/wp-content/uploads/leaflet_brighton.pdf

This workshop is put on by the Brighthelm Centre <https://www.brighthelm.org.uk>

* Living Spirituality Connections www.livingspirit.org.uk

* Spirit of Peace www.spiritofpeace.co.uk

* Earth Church at Brighthelm.

8 June 11-4 'Religion and Atheism – Beyond the Divide?' London.

www.pcnbritain.org.uk/events/detail/religion_and_atheism_beyond_the_divide

Conference speakers: Julian Baggini, Fiona Ellis, Harriet Harris, Richard Holloway.

This conference offers an opportunity to engage with our speakers in a conversation about religion, atheism, seeking ways to dialogue and to search for meaning. In an increasingly tribalistic world we hope that this day will offer possibilities to go beyond the divide which separate us and to search out areas of mutual agreement and understanding.

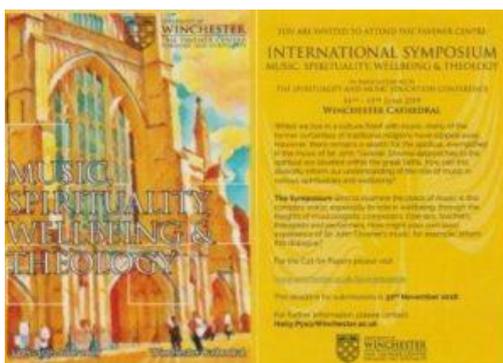
10-13 June Celtic retreat with Julie Hopkins. North West Wales. www.noddfa.org.uk
Hermits and their Creature Companions – with visits to Pennant Melangell and other sites.

10-14 June On a journey with the Northern Saints. County Durham. www.minsteracres.org
Early Celtic spirituality and its motivation, including saints such as Aidan, Cuthbert, Oswald, Hild and Bede. Visits to Holy Island, Bamburgh, Durham and Hadrian's Wall.

13 June 9.30 Praying Differently. Led by Revd Ian Spencer. Worcestershire.
<https://www.hollandhouse.org/programme/list-of-events/>

This is for folk looking for a richer experience of prayer. Many of us find prayer either difficult, less than satisfying or have grown bored with it. The Christian faith however has a very rich heritage of prayer, for example prayer ropes, Icons, meditation, rosary, nature-based, chanting, scripture-based, and more. The day is for 1 to 4 people to allow for personal discussion time in the afternoon. If your prayer- life isn't as rich as you'd like - see what other forms are available to you.

14-15 June 2019 International Symposium: Music, Spirituality, Wellbeing and Theology



You are invited to attend the Tavener Centre in association with The Spirituality and Music Education Conference at Winchester Cathedral

Whilst we live in a culture filled with music, many of the former certainties of traditional religions have slipped away. However, there remains a search for the spiritual, exemplified in the music of Sir John Tavener. Diverse approaches to the spiritual are situated within the great faiths, how can this diversity inform our understanding of the role of music in various spiritualities and wellbeing?

Booking: <https://store.winchester.ac.uk/conferences-and-events/tavener-centre/events/the-tavener-centre-international-symposium>

15 – 22 June Your One, Wild & Precious Life. Led by Sr Joann Heinritz CSJ. County Antrim.
<http://www.drumalis.co.uk>.

“There is in you something that waits and listens for the sound of the genuine in yourself. It is the only true guide you will ever have.”- Howard Thurman.

What is mindfulness? It is about being fully awake, experiencing the exquisite vividness of each moment. Cultivating mindfulness, one breath at a time, helps to settle the mind and cultivate kindness towards ourselves and others. Each day will include a morning presentation, time during the day for personal reflection, immersion in the outer and inner landscapes of Drumalis, walking/hiking, creative experiences, spiritual guidance, and a prayer ritual/body praise session each evening.

Tues 18 June 10-3.30 Summer and Sabbath with Tom McGuinness SJ & Magdalen Lawler SND. York. www.stbedes.org.uk

A day of reflection and prayer using scripture, poetry, music and images from art. There will be time for quiet space as well as sharing for those who wish. Magdalen, a Notre Dame Sister, has taught art and religious studies & offers retreats & spiritual direction with a special interest in spirituality & the visual arts. Tom, former Director of St Beuno's & the Ignatian Spirituality Centre in Glasgow, is currently based at Manresa Jesuit Centre of Spirituality in Dublin.

21-23 June Women's spirituality retreat. Wisdom dances in delight. With Rev Dr Jan Berry. N. Yorks. www.holyroodhouse.org.uk

22 June Mindfulness - with body and soul. With Lynne Galloway. London. www.mountstreet.info

22-28 June Way of St David Pilgrimage, Pembrokeshire, West Wales. <https://www.journeying.co.uk/journeys-2019?id=768422>

In medieval times the pilgrimage route to St David's was as important a destination as the Camino in Spain. Pilgrimage is a time to pause our lives and take stock. It is an opportunity to get away from the day to day to think about our choices in life, our relationships and maybe to look for deeper meaning. Walking the last 100km of the newly re-established Way of St David in the company of an experienced guide and a small group of like-minded people is an experience that will never be forgotten. The journey itself is the destination, but our final destination will also be the recently restored shrine to St David, the patron saint of Wales, located in the beautiful medieval cathedral in the smallest city of Britain. Those who want to can attend a pilgrim's service in the cathedral, and everyone who has completed each stage of the pilgrimage will be eligible to receive their certificate to show they have completed the Way of St David.

24 - 28 June Light in the Shadow of Bereavement. N. Yorks www.scargillmovement.org

24 - 29 June The Universe is a Revelatory Experience. Creation Spirituality Retreat with Sr Margaret Rose McSparran CP, Sr Anne Harnett CP and Team. County Antrim

<http://www.drumalis.co.uk>

26 June. What is our story of old age? Salisbury. www.sarum.ac.uk

Listening and learning from the experience of ageing. Also drawing on key thinkers.

29 June 10.30 – 4 The Sacrament of the Present Moment. Led by Liz Watson. London

<http://meditatiocentrelondon.org>

The present moment is a commonly used phrase, but not one that is always very well understood. Jean-Pierre de Caussade was an 18th century French Jesuit who explored this theme deeply in his own life and in guiding others. The Sacrament of the Present Moment is the title of the treatise he left us and will be our guide for the day.

ADVANCE NOTICES

8-12 July Sacred Spaces of Pen Llŷn Based at Nefyn, Llŷn Peninsula.

<https://www.journeying.co.uk/journeys-2019?id=768421>

Throughout human history 'Sacred Spaces' have been created or searched for, to nurture the spiritual aspect of our humanity. On the Llŷn Peninsula in North Wales the evidence of those ongoing processes of spirituality, can be seen in the 5th Century gravestones of a religious community in Aberdaron and the monastery on the sacred island of Bardsey. Continuing on through to the 12th century pilgrim churches and sacred wells, then onwards to the 20th century Buddhist Sangha and 21st century 'Observatory' which looks back, full circle, to the ancient ways of living, working, celebrating and growing in community.

12-18 August Greenspirit Wild Week in Wales. Being Rooted in the Land.

At Cae Mabon, Snowdonia

We will have a week of living close to each other and capturing the meaning of GreenSpirit: living in a loving consciousness of the interconnected world. We enjoy being in and celebrating our natural surroundings together, we will go walking, sing and tell stories around the fire in the round house and relax in the hot tub under the oak trees and stars. This holiday is like a retreat from our busy lives and is always nurturing. People who attend are invited to bring something they can share, like a workshop, stories, songs, favourite recipes, musical instruments... Ideally, contributions should be something to do with the theme of the week which is: Being Rooted in the Land.

Cae Mabon is set in natural woodland by a rushing river, near a deep lake, at the foot of high mountains and almost within sight of the sea. A family of beautiful, natural, earthy structures provide appealing spaces for groups to sleep, meet, retreat, work and play.

We cook our meals together and can therefore cater for any kind of diet, and the cost of the retreat will be £265 each. **You need to pay in full by July 1st** until which time we can make full refunds but after that time refunds will only be given if a replacement can be found. For more information see the Cae Mabon website at www.caemabon.co.uk.

To enquire or to book, contact Hilary Norton tel: 020 8470 3365 email: hnorton@greenspirit.org.uk, 33 Park Road, Stratford, London. E15 3QP.